

PACIFIC CREST TRAIL: Interstate 80 to Highway 49, CA

HIKEPLAN: Hours per day

EXAMPLE

Data from: The Pacific Crest Trail, Northern California", Jeffrey Schaffer, et. al. (northbound), Section L

(Δ) Delta Time = (Delta Dist)/n+(Elev gain)/z

(Σ) Sigma Time, Distance = Accumulation of Delta Times and Distances for Hike Day summary.

Note: Elevation (feet) and Delta distance (miles) in italics are estimated by HIKEPLAN author.

HIKING PARAMETERS		SUMMARY:		
n(mph), level	2.0	time	miles	mph
Average day:		5:21	8.6	1.6
Longest day:		6:41	10.4	1.6
z(ft/hr), climbing	750	Shortest day:	2:12	4.2
Minimum hike day (hours)	6.0	Complete in	5 days	

Dist/Day# comp.		PCT Manual Data:						Time/Dist/Camp comp.				15 3/4 deg.E (Declination)		
Total Dist miles	Day #	Map	Page #	Landmark or Waypoint *Off PCT, #=Non-Manual At junctions: (A)head, (R)ight, (L)eft	Elev MSL feet	Δ Dist miles	Δ Time hr:mn	Σ Time hr:mn	Σ Dist miles	CAMP, RESUP, OUT here?	Camp site? (#=non Manual)	Water: Allyear, Seasnl, ?	Remarks (CS = Campsite) (CG=Campgrund)	
0.0	1	L1	143	A junction, south of Interstate 80 - trailhead parking lateral.	7190	0.0								
0.9	1	L1	143	A junction - PCT: (L)	7230	0.9	0:30	0:30	0.9			Allyear		
1.9	1	L1	143	A road - PCT: (A)	7440	1.0	0:46	1:17	1.9			Seasnl	Water: Ahead	
3.3	1	L1	145	Former jeep road - PCT: (R)	7910	1.4	1:19	2:36	3.3				Castle Pass	
4.2	1	L1	145	Peter Grubb Hut - PCT: (L)	7820	0.9	0:27	3:03	4.2		OnPCT	Allyear		
6.4	1	L2	145	Former jeep road - PCT: (L)	8270	2.2	1:42	4:45	6.4					
8.3	1	L2	145	Magonigal Camp jeep road - PCT: (A), CS: (R)	7580	1.9	0:57	5:42	8.3				CS : E to Paradise Lake (7640-1.1)	
9.4	1	L2	145	*Paradise Lake	7640	1.1	0:37	6:20	9.4	CAMP	OffPCT	Allyear		
10.5	2	L2	145	PCT - (R)	7580	1.1	0:33	0:33	1.1					
11.6	2	L2	145	A knoll	8120	1.1	1:16	1:49	2.2					
12.7	2	L2	145	Mt. Lola Trail - PCT: (L), CS: (R)	7620	1.1	0:33	2:22	3.3		OffPCT	Allyear	CS :NE to White Rock Lake (7840-1.1)	
12.8	2	L2	146	White Rock Creek - PCT: (R)	7600	0.1	0:03	2:25	3.4		OnPCT	Allyear		
13.5	2	L2	146	Road 19N11A - PCT: (A)	7760	0.7	0:33	2:59	4.1					
14.3	2	L2	146	A saddle	8140	0.8	0:54	3:53	4.9			Allyear	Water: Ahead	
15.0	2	L3	147	A viewless saddle	8060	0.7	0:21	4:14	5.6					
16.0	2	L3	147	Another ridge saddle	7830	1.0	0:30	4:44	6.6					
18.1	2	L3	147	Tahoe N.F. Road 86 - Meadow Lake Road 19N11: (A) & (L)	7530	2.1	1:03	5:47	8.7	CAMP	OnPCT	Allyear	Tank up!	
19.2	3	L3	148	A ridge	8000	1.1	1:10	1:10	1.1					
19.7	3	L3	148	Benath Peak 8214	8210	0.5	0:31	1:42	1.6					
21.3	3	L3	148	A logging road - PCT: (A)	7640	1.6	0:48	2:30	3.2					
22.2	3	L3	148	Peak 8166	8080	0.9	1:02	3:32	4.1					
24.9	3	L4	148	A creek	7330	2.7	1:21	4:53	6.8			Seasnl		
25.3	3	L4	148	A minor saddle	7135	0.4	0:12	5:05	7.2		OnPCT	Seasnl	Water: N (7030-0.2)	
27.6	3	L5	151	Another good road - PCT: (L), CS: (R)	6740	2.3	1:09	6:14	9.5				CS NE (6550-0.9), Little Lasier Meadow	
28.5	3	L5	151	*Little Lasier Meadow	6550	0.9	0:27	6:41	10.4	CAMP	OffPCT	Allyear		
29.4	4	L5	151	PCT - (R)	6780	0.9	0:45	0:45	0.9					
30.9	4	L5	151	Nearing the reservoir - PCT: (A), CS: (L)	6200	1.5	0:45	1:30	2.4		OffPCT	Allyear	CS : W to East Meadow CG (6200-0.1)	
31.1	4	L5	151	Paved road - PCT: (A), CS:(L)	6170	0.2	0:06	1:36	2.6		OffPCT	Allyear	CS: W to East Meadow CG (6200-0.4)	
31.5	4	L5	151	Tahoe N.F. Road 07 - near Jackson Meadow Reservoir - PCT: (A), CS: (L)	6200	0.4	0:14	1:50	3.0		OffPCT	Allyear	CS : W to Pass Creek CG (6230-0.3)	
32.3	4	L5	151	Minor saddle	6450	0.8	0:44	2:34	3.8					
37.8	4	L5	154	Milton Creek - first (southern) crossing	5240	5.5	2:45	5:19	9.3		OnPCT	Allyear		
38.6	4	L5	154	Bridge Milton Creek	4990	0.8	0:24	5:43	10.1	CAMP	OnPCT	Allyear	CS & Water: Ahead.	
39.8	5	L6	154	A road - to Wild Plum Campground - PCT: (R), Resupply: (L)	4810	1.2	0:36	0:36	1.2		OnPCT	Allyear	Resupply access rte. to Sierra City.	
40.1	5	L6	154	A bridge - PCT: (A), CS: (L)	4720	0.3	0:09	0:45	1.5		OffPCT	Allyear	CS: W to Wild Plum CG (4360-0.2) -	
40.5	5	L6	155	Another junction - PCT: (A), CS: (L)	4800	0.4	0:18	1:03	1.9		OffPCT	Allyear	CS: W to Wild Plum CG (4360-0.7)	
42.4	5	L6	155	Prominent bridge - PCT: (L)	4600	1.9	0:57	2:00	3.8			Allyear		
42.8	5	L6	155	Highway 49 - near Sierra City - PCT: (R), Resupply: (A)	4570	0.4	0:12	2:12	4.2	OUT			Resupply, Sierra City	