

# What to Bring on Your PCTA Volunteer Vacation



*For all backpacking trips, please bring only lightweight, compact items and equipment even if your group will be assisted by pack animals.*

## Sleeping Items

- Tent
- Sleeping bag
- Sleeping mat
- Pillow

## Eating Utensils

- Sealable plastic container to pack lunch in
- Plate / bowl
- Silverware
- Cup / insulated drinking mug
- Water bottles - **Bring enough containers to hold 4 quarts of water (4 qts = 1 gal)**

## Clothing

\* Layers work best as outdoor temperatures, weather, and your activity level will vary through the day. Follow the layer system for your work and camp clothes.

\* Long pants are required to conduct trail work.

\* Long sleeve shirts are recommended for brush and sun protection.

- Layer 1 - Long underwear tops and bottoms, socks. Made of light weight wool or synthetic material.
- Layer 2 - Can be more than one layer; bring additional layers if you get cold easily. Mid-weight wool or synthetic pants and shirt. Cotton is not recommended but can be included here.
- Layer 3 - Rain coat or other water/wind resistant coat or poncho.
- Sturdy boots - No sandals or sneakers while working on the trail but you may want to bring these for wearing at camp.
- Warm hat and warm gloves while at camp.
- Work gloves and hard hat - If you prefer to use your own, otherwise we will provide them.

## Toiletries and Personal Items

- Sun protection – Sunscreen, sunglasses, and lip balm
- Insect repellent
- Flashlight or headlamp
- Daypack

## Other Items to Consider

- |   |  |                                       |
|---|--|---------------------------------------|
| <input type="checkbox"/> Towel                | <input type="checkbox"/> Supplemental snacks | <input type="checkbox"/> Compass      |
| <input type="checkbox"/> Swimsuit             | <input type="checkbox"/> Camera              | <input type="checkbox"/> Pocket knife |
| <input type="checkbox"/> Camp chair (compact) | <input type="checkbox"/> Rain pants          | <input type="checkbox"/> Bandana      |