

# Pacific Crest Trail Association Emergency Medical Release for Minors

This form is required for youth participation in  
Pacific Crest Trail Association volunteer trail maintenance projects.  
**Please complete each section thoroughly, sign and date.**

Child's Name: \_\_\_\_\_  
Last First

Sex: F  M  Age: \_\_\_\_\_ Birthdate (MM/DD/YY): \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Home Phone #: (\_\_\_\_) \_\_\_\_\_

Work Phone #: \_\_\_\_\_ Cell Phone #: (\_\_\_\_) \_\_\_\_\_

Father's Name: \_\_\_\_\_ Home Phone #: (\_\_\_\_) \_\_\_\_\_

Work Phone #: \_\_\_\_\_ Cell Phone #: (\_\_\_\_) \_\_\_\_\_

Additional person authorized to pick up my child and/or to contact in case of an illness of an emergency:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_\_

**Allergies:** Does your child have any allergies to food, medications, insects, etc.?  Yes  No

If Yes, please list: \_\_\_\_\_

**Health Conditions:** Has your child, currently or in the past, been diagnosed with any of the following health conditions (check all that apply):

|                         |  |                                 |  |
|-------------------------|--|---------------------------------|--|
| Asthma                  | <input type="checkbox"/> Yes <input type="checkbox"/> No | Epilepsy/Seizure Disorder       | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Diabetes                | <input type="checkbox"/> Yes <input type="checkbox"/> No | Frequent Migraine Headaches     | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Heart Problems          | <input type="checkbox"/> Yes <input type="checkbox"/> No | Attention Deficit-Hyperactivity | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Vision/Hearing Problems | <input type="checkbox"/> Yes <input type="checkbox"/> No | Chronic Ear Infections          | <input type="checkbox"/> Yes <input type="checkbox"/> No |

If Yes, please explain: \_\_\_\_\_

List any other health condition(s) not listed above: \_\_\_\_\_

List any medication(s) currently taken by your child: \_\_\_\_\_

Name of Child's Physician: \_\_\_\_\_

Physician's Phone #: (\_\_\_\_) \_\_\_\_\_

Name of Insurance Company: \_\_\_\_\_ Policy # /Medical #: \_\_\_\_\_

In case of emergency, your child will be taken to the nearest hospital.

## Emergency Release

If, in the judgment of the staff of Pacific Crest Trail Association, the child named above needs immediate care and treatment as a result of any injury or sickness, I hereby give permission to the staff to secure proper treatment for my child. I do hereby consent to whatever x-ray, examination, anesthetic, medical, surgical or dental diagnosis or treatment and hospital care are considered necessary in the best judgment of the attending physician, surgeon or dentist and performed by or under the supervision of the medical staff of the hospital or facility furnishing medical or dental services. It is further understood that the undersigned will assume full responsibility for any such action, including payment of costs. I do hereby agree to indemnify and hold harmless the Pacific Crest Trail Association (including its officers, directors, members and/or volunteers) from any claim by any person whomsoever on account of such care and treatment of said child.

\_\_\_\_\_  
Print Full Name of Parent, Guardian

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date