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| **Serving Size Guide** | **Approximate Amount  for 50 Servings** | **Serving Size  Per Person** |
| **Beverages** | | |
| **Coffee,** regular ground | 1½ lbs. | 1 cup |
| **Half & Half,**for coffee | 2 ½  pints | 1½ tablespoons |
| **Sugar,**for coffee | 12 oz. | 1½ teaspoons |
| **Fruit juice,** **lemonade, tea,** etc. |  | 1 cup |
| *Frozen* | 7 - 12 oz. cans |  |
| **Cocoa** | To make 2½ gals. | ¾ cup |
| *Instant mix* | 2½ lbs. | ¾ cup |
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| **Breads, Rice, Pasta, Beans** | | |
| **Bread,**sandwiches, side dish, French toast | 4 loaves (22-24 slices per loaf) | 2 slices |
| **Rolls, croissants, small muffins, bagels** | determine by pkg. size | 2 pieces |
| **Pancake Mix** | approx. 6 lbs., see pkg. directions | 2 4-inch cakes |
| **Cereal**  *Cooked oatmeal, grits*  *Cold* | 2 gals. cooked (2 lbs. dry)  5 average-size boxes | 2/3 cup  ½-1 cup |
| **Coffee Cake** | 4 **-** 8" Bundt cakes | 1 regular slice |
| **Pasta**,  *As side dish*  *As a main dish* | 5 - 16 oz. pkgs.  11 - 16 oz. pkgs. | ½-1  cup cooked  (2-4 oz. uncooked) |
| **Rice, Quinoa, Other Grains,**uncooked  *as a side dish*  *in a main dish such as risotto* | 4 lbs.  6.5 lbs. | ½ cup  3/4 cup cooked |
| **Beans**  *canned*  *dried* | 12 - 15.5 ounce cans  6.5 lbs. | ½ cup cooked  (2 oz. uncooked) |
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| **Dairy** | | |
| **Eggs,**scrambled, omelets, frittatas | 8 ½ dozen | 2 eggs |
| **Butter/Margarine**, for bread | 1 lb. | 1 pat, ½ inch thick |
| **Cheese,**cut as appetizer | 4 lbs. | 2 oz. |
| **Milk** | 3 gals. | 1 cup |
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| **Serving Size Guide** | **Approximate Amount  for 50 Servings** | **Serving Size  Per Person** |
| **Meat & Poultry (Uncooked)** | | |
| **Beef, Lamb, Pork, Chicken,** **boneless,** cut-up for casserole, soup, stew, burritos, etc. | 16-18 lbs. | 3 oz. cooked |
| **Bacon** | 6 lbs., 12-20 slices per lb. | 2 slices |
| **Sausage** | 10-12 lbs. | 1-2 links cooked |
| **Hamburgers,**ground beef or mixture of ground meats | 13-15 lbs. (approx. 25% fat) | 4-8 oz. cooked |
| **Ground Meat**, beef, turkey, pork for meat sauce, lasagna, tacos, casseroles, etc. | 12-16 lbs. (approx. 25% fat) | ½ cup cooked |
| **Hot Dogs** | 12 lbs. | 2 hot dogs |
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| **Sandwiches** | | |
| **Beef, Ham, Turkey,** deli sliced | 4 lbs., in total | 2 slices (1 oz.) |
| **Cheese**, deli sliced | 3 lbs. | 1 slice |
| **Bread** | 4 loaves (22-24 slices per loaf) | 2 slices |
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| **Condiments and Salad Dressings** | | |
| **Mayonnaise** | 32 oz. | 1 tablespoon |
| **Ketchup** | 2 20-oz. bottles | 1 tablespoon |
| **Mustard** | 8 oz. | 1 teaspoon |
| **Salad dressing,**self-serve | 1 quart | 1 tablespoon |
| *Mixed in salad* | 3 cups |  |
| **Salsa** | 2-3 quarts | 2-3 tablespoons |
| **Jelly, jam, preserves** | 2 32-oz. jars | 1 tablespoon |
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| **Seafood** | | |
| **Fish,**fillets, steaks, fresh, frozen | 14-16 lbs. uncooked | 3-4 oz. cooked |
| **Shrimp**  *Raw in shell (any size)*  *Cooked (packaged frozen)* | 18-20 lbs.  10 lbs. | 6-7 medium shrimp  (3 oz. cooked) |
| **Sea Scallops**, fresh or frozen | 10-12 lbs. | 4 scallops |
| **Crabmeat, lobster meat, squid**, cooked, canned or packaged | 12-15 lbs. | approx. ½ cup |
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| **Serving Size Guide** | **Approximate Amount  for 50 Servings** | **Serving Size  Per Person** |
| **Vegetables & Fruit** | | |
| **Potatoes**  *Fresh;* mashed, scalloped, au gratin, salads, etc.  *Frozen*, French fries, wedges, hash browns | 18-22 lbs. raw  12-13 lbs. | ½ cup  (5 oz. cooked) |
| **Lettuce,**romaine, red leaf, iceberg  (heads stay fresh longer than bagged salad) | Approx. 6 large bunches | 1 cup |
| **Vegetables,** served as side dish, untrimmed,most varieties: broccoli, cabbage, carrots, eggplant, green beans, mushrooms, spinach, zucchini; sliced, diced or whole | Fresh 16-20 lbs.  Frozen 10 lbs. | ½ cup cooked |
| **Vegetables,** in salad or vegetable platter, untrimmed  *Fresh* (cauliflower, carrots, mushrooms, radishes)  *Canned* | 4-6 lbs. each vegetable in salad/tray  18-20 cups (8-10 14.5-15 oz. cans, drained) | 1/4 cup, in salad  ½ cup cooked |
| **Tomatoes,**sliced, for salad | 20-30 medium | 3 slices |
| **Fruits,** served as side dish or salad, cut up, apples, grapes, melons, berries, bananas  *Fresh*  *Canned* | 10-15 lbs. total (2-3 lbs. each of 5-6 types of fruit)  18-20 cups (8-10 14.5-15 oz. cans, drained) | ½ cup |
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| **Desserts** | | |
| **Cakes** | 2 13x9x2" sheet cakes 4 loaf pound cakes | 1 small square or 1 slice |
| **Pies**, 8-9 inch | 7-8 pies | 1 regular slice |
| **Cookies** | determine by pkg. size | 2-3 cookies |
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| **Other** | | |
| **Nuts, mixed** | 2 lbs. | 2 tablespoons |
| **Potato Chips, pretzels, tortilla chips, etc.** | 3-4 lbs. (check package size) | 1-3 oz. |
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