



Pacific Crest National Scenic Trail

Columbia River Gorge

10 Hiking Essentials

Backcountry adventures can be very safe if you are prepared. Don't become a case for search and rescue. Always let someone know your plans before you go, and carry the 10 essentials.

1. Navigation (map and compass)
2. Sun protection (sunglasses and sunscreen)
3. Insulation (extra clothing)
4. Illumination (headlamp/flashlight)
5. First aid supplies
6. Fire (waterproof matches/lighter/starter)
7. Repair kit and tools
8. Nutrition (extra food)
9. Hydration (extra water)
10. Emergency shelter (tent/tarp/garbage bag)

Leave No Trace!

Please join us in our volunteer efforts by minimizing your impact and following Leave No Trace principles. Thank you!

1. Plan Ahead and Prepare
2. Travel and Camp on Durable Surfaces
3. Dispose of Waste Properly
4. Leave What You Find
5. Minimize Campfire Impacts
6. Respect Wildlife
7. Be Considerate of Others

Support Local Communities

Our local communities are proud to host this beautiful section of the PCT, and offer a wide array of excellent dining, shopping, and entertainment. Treat yourself and support our businesses.

The PCT passes through the Gorge in a patchwork of public and private land. Please respect private property rights, and don't take or use unauthorized trails.



Carson

Stevenson



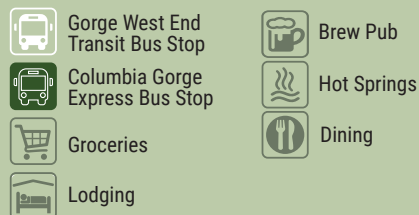
Cascade Locks



Did you know that a scene from the movie "Wild" was filmed here?

Cascade Locks is the home of the PCT Days festival in late summer. For more, go to www.pctdays.com

Legend



Pacific Crest Trail -----

Trailheads (for hike descriptions, see reverse side)

- | | |
|-------------------|---------------|
| 1 Dry Creek Falls | 4 Trout Creek |
| 2 Herman Creek | 5 Snag Creek |
| 3 Gillette Lake | |

Hikers and equestrians from around the world enjoy this international treasure each year. Some only hike or ride a few miles, while others complete every mile in a single season. The Pacific Crest Trail Association (PCTA) maintains and protects the PCT with a community of volunteers and passionate outdoor enthusiasts. Together, we protect, preserve and promote America's greatest wilderness experience. Adventure, nature and friendship awaits! Please visit our website at www.pcta.org and join us!



Pacific Crest Trail Association